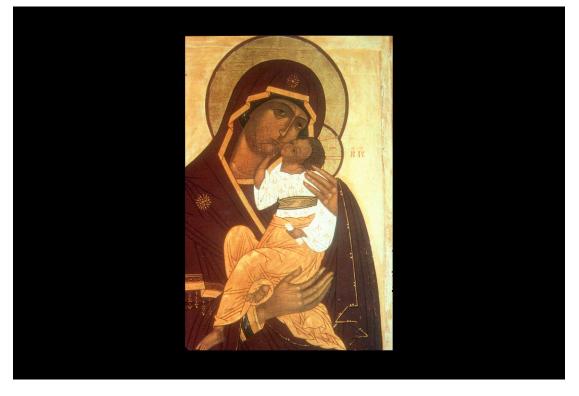
# THE PHYSICS OF QI

A brief summary of the DVD "The Physics of Qi" © Tom Bender - 3 Nov. 2006 <tbender@nehalemtel.net>

# **QI EXISTS**

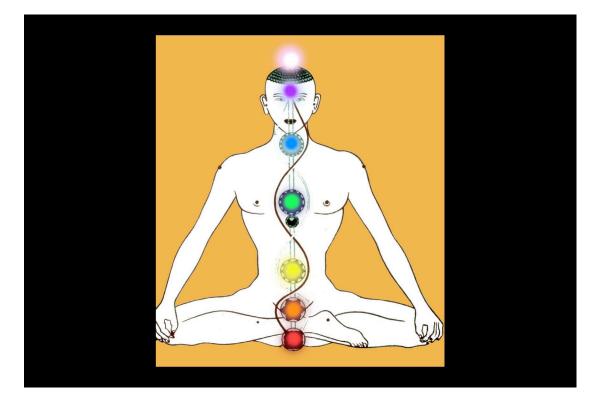
The sacred art of virtually every culture shows pronounced circular or flame shaped nimbuses or halos of life-force energy around the heads of mystics and spiritual leaders. The "stars" on the shawls of Russion icons of Mary don't change with different drapery of her shawl. They correspond to the qi energy acupoints the Chinese have named "*qi hu*" and "*tien mu*".



The traditional performance of Hawaiian hula dancing is "dancing with the breath of life," and the dancers' arms, legs, and bodies float on the field of life-force energy raised by the dance. Bushman trance-dance, Sufi dancing, martial arts, and Tibetan *lung-gom* trance walking are all based in qi energy. Fire-walking – whether by women Sufi, voodoo practitioners, or the more then 3,000,000 Americans that have firewalked – depends on the realm of qi.



More than 65 cultures around the world have words for qi energy, and base their sciences, philosophy, culture, and healing arts on it.<sup>1</sup> Chinese calligraphy, tantra, kundalini, energy and acupuncture healing, and remote viewing are all manifested through qi. Techniques vary in every culture, depending on what they have stumbled on that work.



Data collected over the past 30 years has shown we can describe events anywhere – in the past, present, or future – and be correct more than two-thirds of the time. For an experienced viewer, the rate of correct answers can be much higher. Statistically, the odds of such performance is greater than one in a hundred billion.<sup>2</sup> Studies by William Tiller, Dean Radin, Russell Targ, and researchers at numerous universities show irrefutable evidence of coherence, conditioning, and the effects of intention on material systems.

The C.I.A. has acknowledged its own use of remote viewing. Dean Radin's statistical studies have irrefutably demonstrated the existence of psi phenomena.<sup>3</sup> The use of acupuncture has been endorsed by the National Institute of Health. And extensive anthropological evidence has confirmed the central role of "energy" in healing, architecture, spiritual, and cultural practices around the world. Our culture is no longer a stranger to the practices of yoga, meditation, qi gong, fire-walking, and shamanic healing. Our young people have experienced and worked with their own qi energy, and look questioningly at our sciences that don't acknowledge its existence.

This is a realm that needs to be accounted for in our physics as fully as gravity. As we understand it now, qi energy is a faster-than-light magnetic life-force energy.

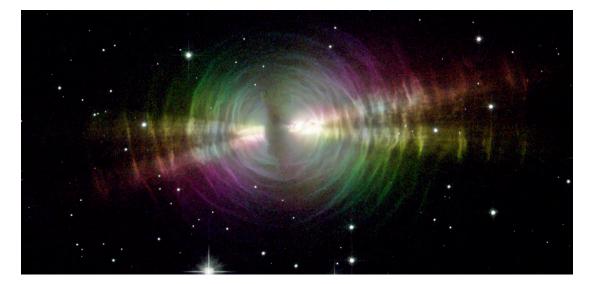
QI EXISTS. We experience it, it exists, and therefore it has a "physics", whether it is well-known or understood or not.

### WHY HAS THERE BEEN NO PHYSICS OF QI?

There *has* been a physics of qi – in other cultures. But *our culture's* physics assumes that all significant phenomena are material, acknowledged and already fairly well understood by modern science. To understand the absence of qi physics, we have to look at our *physics* as well as at qi. Our physics is far from complete.

1. IT FAILS TO ACCOUNT FOR TWO "ESOTERIC" MAJOR PHENOMENA: QI, or LIFE FORCE ENERGY, and PSYCHIC EXPERIENCES.

2. IT HAS NO UNDERSTANDING OF THE "DARK MATTER AND DARK ENERGY" THAT CONSTITUTES 96% OF OUR UNIVERSE.



# 3. IT KNOWS LESS ABOUT BASIC PHENOMENA SUCH AS GRAVITY OR MAGNETISM THAN WE DO ABOUT QI.<sup>4</sup>

### 4. IT REFUSES TO ACKNOWLEDGE IMPLICATIONS OF QUANTUM NON-LOCALITY *DEMANDING* A CONSCIOUS, LIVING UNIVERSE AND EXISTENCE OF A FASTER-THAN-LIGHT REALM.

Even on the level of photons, if two were once in contact and now are lightyears apart, and one is flipped, the other flips - *instantly*, not light-years later. This means that *everything* is informationally connected. Everything is observed by *everything else*. Everything is therefore conscious. *Everything* knows *all that is* in the universe. Furthermore, everything has the ability, through intention, to *significantly affect* everything else.

### 5. IT CAN'T EXPLAIN FUNDAMENTAL PARTICLES.

There are now at least 61 "<u>elementary</u>" particles – leptons, quarks, mediators – with variations in charge, strangeness, charm, upness, or downness. Those characteristics have to come from somewhere. SOMETHING outside of itself has brought every thing we know into existence. If there is nothing else in the material realm, there must be something in another realm that has generated this one.

6. IT HAS BEEN DEFINED BY OUR *EXPERIENCING TOOLS*, NOT BY WHAT *REALLY* EXISTS.

• TOOLS such as photography, telescopes, and microscopes have already greatly expanded the realm of "experienceable". An immense part of world we now experience is based on centuries of probing what were then "invisible" realms.

• OUR BIOLOGICAL TOOLS ARE LIMITED. Dolphins get twice the data we get, and their output matches their input. Our input is dominantly visual (75%), but we have *no* visual output, and our output is only 1/10 of our input.<sup>5</sup> The information channel capacity of the [unconscious] brain is ~50 *million* bits per second for the five accepted physical senses, while the information channel capacity for the conscious brain is less than 50 bits per second. This skews our perceptions of what is.

• OUR *LANGUAGES* DIRECT OUR CONCEPTUAL FIELDS. English is based on *nouns*, identifying distinctions between "things". Just think of the conceptual shifts we've experienced going from "he/she" to "we"; from "either/or" to "both are true". Chinese ideograms are multi-dimensional imagery. Other languages are based on verbs, or relationships, or different past-present-timelessness. Each directs and confines our minds differently.

• WE'VE TRAPPED OURSELVES IN A "COGNITIVE JAIL" of preconceptions – "qi doesn't exist". But children CAN see auras, until they are trained to believe that auras don't exist. We CAN firewalk.

• WE SEE WHAT WE CHOOSE TO *LOOK* FOR. Physics, economics, and language are basic belief systems of our culture. They reflect core values of a culture and exclude ones "not acceptable". The central research focus in our sciences has been on what is "profitable" and "applicable", not on expanding fundamental understanding.

• WE TEND TO BLANK OUT THINGS TOO BIG OR PROFOUND TO COMPREHEND. We have to interpret them thru our limited concepts, thus reports appear contradictory. We don't have the language, concepts, or experience to begin

understanding.

• FINALLY, WE'VE BEEN IGNORING A MAJOR EXPERIENCING MODE WE DO HAVE. Quantum non-locality shows us that we are of *two* minds:

Our BIG MIND – is our quantum-nonlocal, cellular, primal, intuitive, interconnected "mainframe" consciousness. Every particle is connected to and knows all. Every fiber of our body is a receiver. This consciousness can't lie – our "big mind" absolutely "*knows*". Kinesiology and dowsing are techniques that help access that awareness consciously. Heart transplants have revealed transfer of this consciousness. This is how birds and insects operate. All cells have non-local bio-communication and consciousness. Consciousness and communication occur in lower micro-organisms such as amoeba, that have *no* nervous systems.



Our SMALL MIND - is our brain-based, literate, rational consciousness. It can be viewed as a cluster of "computer peripherals for the material world." They work so well they drown out the quieter voices of our integral consciousness that we need to hear. Malidoma Somé says that, *"Literacy occupies a place in our psyches meant for other things."* 

Christan Hummel reports silent "communication" used by Kogi , Mayan, and Yanomami tribes in South America, using sounds coming directly from the heart which convey 3-D pictures for the recipient.<sup>6</sup> Seth speaks about how our consciousness, when not overpowered by our 3-D inputs, experiences and responds to an infinite variety of simultaneous events.<sup>7</sup> We experience *concurrent*, interactive, awareness thru both big and small mind.

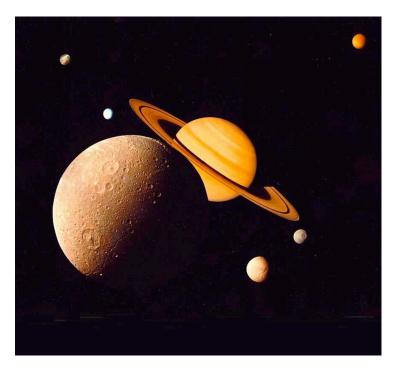
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I started my own exploration of the physics of qi assuming a need for detailed examination of theories of quantum physics. But I quickly discovered that the *qualitative* differences in how we experience, ignore, and know things were profoundly more significant and substantial than the details of merely *quantitative* fine-tuning of an outdated conceptual structure being focused on by physicists. These larger patterns, it turns out, are more important to address at this stage relative to understanding the physics of qi than quantitative formulae.

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Qi energy does not lack a physics. It exists, and therefore has a physics. It is our physics' own cognitive jail that blocks access into qi and other huge aspects of our universe.

We've all experienced gravity. It's been acknowledged as a force in physics for hundreds of years, yet there is no understanding of *what* it is, nor can we *do* anything with it. We can *do* many things with qi. Why is it not accepted?



I think it is because acknowledging qi upsets the fundamental constructs of our culture. The implications of a conscious universe are enormous. Even more, acknowledging qi means acknowledging the sophistication of other, older cultures. It requires letting go of our cultural arrogance that asserted we are profoundly greater than other people and other cultures. It requires humility, and acceptance of responsibility for the genocide we practiced on other cultures in the name of our "superiority."

It is here that we all can have a profound influence on our future by acknowledging its existence, our experience with it, and that it's actually beneficial to let go of those outdated cultural constructs. The greatest gift we can give our sciences is the broader cultural acceptance of qi-magnetic energy, of realms of existence beyond space-time, and of the role of our individual and universal consciousness in bringing things into existence. That new world-view gives permission for whole new explorations and growth by our sciences, institutions, and culture.

# WHAT DO WE KNOW ABOUT QI?

To expand our conceptual framework of physics, we need to start with what we *do* know about qi:



### 1. It exists.

- Great similarities, and complementary functional differences exist in the varied traditions of its existence and use by different cultures.
- Qi is connected with MANY "impossible", but experienced, events.
- We can learn to activate and sense it in our bodies. Intention has been shown capable of creating robust effects in physical reality in lab experiments as well as classical qi practices.
- Qi follows meridians, can be brought to our attention in specific unconnected areas of the body.
- Our personal behavior, emotional habits, and mental attitudes can effect its ebb and flow, its abundance and scarcity.
- The use of qi is a learned skill that improves with practice.
- It is an active agent in healing and health.
- It is an agent/vehicle for connection with the spirit/energetic realms.
- It is known and worked with by other life forms.
- It occurs everywhere in our surroundings and is used as primary element in design of buildings and communities in most cultures.
- Every thing has a qi energy body roughly coextensive with the material one.

2. At least one of the realms where qi energy operates is congruent and "reciprocal" with our familiar world.

3. Qi has nonlocality and therefore has aspects in a faster-than-light realm.

4. Magnetism is a central aspect of qi and the new model of a physics that incorporates it. Lab experiments with qi show *magnetic*, not classic electromagnetic, indicators. In a study using children and prisms to study light refraction, the children saw the refracted visible light spectrum, but also whole octaves of *diffracted*, spectrums bent *the other direction* by the prism.

5. There are indications that the qi/magnetic realm is where our fundamental particles of physics originate.

6. Non-locality means an integrally-conscious universe.

7. A more complicated framework for qi energy is likely to emerge. As our understanding of the realms of qi unfold, there are likely to be more precise distinctions needed to be made.

# THE TILLER MODEL

One of the best models to date regarding the physics of qi is one developed by physicist William Tiller.<sup>8</sup> Its core substructure involves two interpenetrating and conjugate (reverse, mirrored, joined) four-dimensional realms. Our familiar 4-D physical world is joined to a faster-than-light magnetic 4-D standing diffraction wave realm. These two linked 4-dimensional spaces are imbedded in a 9<sup>th</sup> (emotional) realm, which in turn is imbedded in a 10<sup>th</sup> (mental) realm, which is a subset of spirit, or the creative consciousness that infuses all of creation.

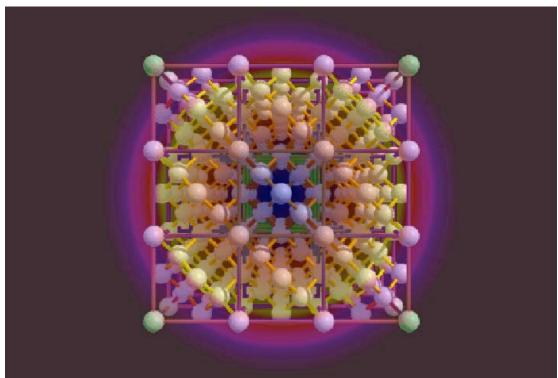


These two conjugate 4-dimensional realms appear to have a special "mirror"-type of relationship with each other – one being of the physical (distance-

time) variety and the other being of its inverse - a standing magnetic diffraction wave realm. Standing waves occur when various energy fluxes interact - canceling each other in some cases and augmenting each other in other cases. Those interference patterns underlie holograms and colored Polaroid film processes.

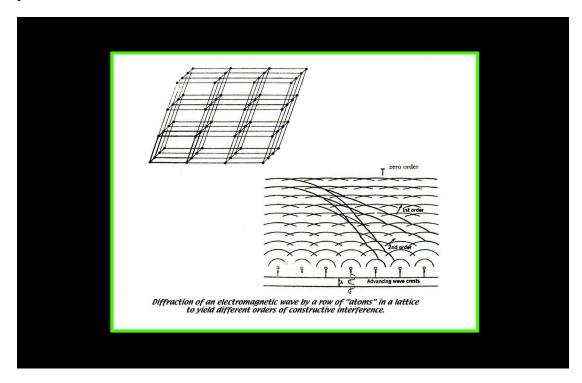
Our conventional 4-D realm is the home of *electric* matter of *positive* mass traveling at velocities *slower* than the speed of light, while the diffraction-wave realm is the home of *magnetic* matter of *negative* mass traveling at velocities *faster* than the speed of light.

At the inception of our universe, a burst of higher dimensional energy propagated outwards in the eternal 11-D spirit-space and organized itself into our manifest universe – first into a grid of active nodal points at the 10-D mind-space level. The 3-D analogue of this 10-D structure is thought to form a hexagonal close-packed array of nodal points with a lattice spacing of approximately 10<sup>-27</sup> meters. (This micro-scaled region where space/time breaks down, is incidentally where both David Bohm and Seth suggest that evidence for the implicate order can be found.)

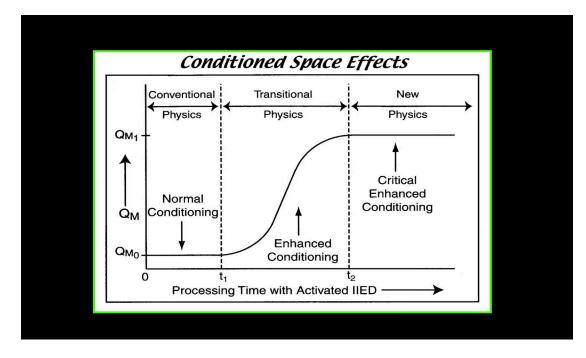


Tiller asserts that this primary lattice also contains two sub-lattices, with a spacing of 10<sup>-17</sup> meters, which are reciprocals of each other. The first sub-lattice, also a reciprocal of the primary mind lattice, is a close-packed hexagonal type, rotated 90° to the primary lattice. This negative or inverse space-time frame is called the standing magnetic diffraction wave realm, and is where the qi energy substance functions. The second sub-lattice is similar, but at a spacing of 10<sup>-7</sup> meters and rotated a further 90° with respect to the first sub-lattice. This coarsest grid is the domain where physical substance functions.

These grids of nodal networks are unique in that waves traveling through the networks exhibit qualities of *consciousness* as distinct from *energies*. The conversion from consciousness to energies occurs at the nodal points themselves. These nodal points act as *transponders* converting consciousness to energies in the form of various subtle level and physical level mediators needed to interact with the various types of matter - physical or subtle. One of the most significant characteristics of such nodal networks is that they *diffract* waves of appropriate types and wavelengths. There is a tremendous amount of information contained in such diffraction patterns. Holographic images are the most familiar example of such phenomena.



Experiments by Tiller and others have demonstrated that human intention can robustly influence the physical world.



This structure can also explain the mystery of quantum non-locality. If two physical particles interact then separate, the character of this event is informationally transferred from the particles to the nodal network. The nodal network propagates the information in its physical sub-lattice at the speed of light, but *also* excites both the *inverse* lattice nodal point and the *mind* lattice with the information. In the former, the signal velocity is about  $10^{10}$  the speed of light, while in the latter is *another*  $10^{10}$  times the speed of light faster.

Thus information concerning the particle interaction and subsequent separation process is broadcast *ahead* of the physical particles via two of the three nodal networks, and then diffracted back to the physical nodal network at remote locations everywhere. This means the remote nodal points "know" that a physical particle is coming and also when it will arrive. Any information of the pattern type located *anywhere* in space-time, is represented *everywhere* at the nodal network, apparently instantly, because the signal velocity is so rapid compared to physical light speeds.



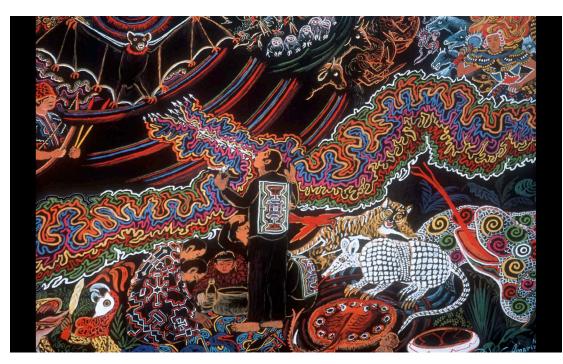
Although we have assumed that our familiar 4-D physical world is the origin of events about which everything else adjusts, this is exactly backwards. Action occurs first in the subtle realms and propagates sequentially into the physical world which adjusts towards an equilibrium force balance.

The magnetoelectric spectrum contains most of the spectrum of qi. But still higher dimensional radiations are also a part.

# **REPORTS OF OTHER EXPLORERS**

Our intuitive consciousness, our cellular, integral "Big Mind", our intuitions and our emotions – and those of experiential researchers actually *working with* qi energy over the millennia, have much to say. Single individuals, sitting silent in a cave in India can – and have, a thousand or more years ago - gone deeper into this realm than university teams of research scientists with advanced degrees, fancy laboratories, and specialized machinery. This is frightening and unsettling to conventional scientists. As is the need for inner spiritual strength of researchers rather than memorization of academic papers. Here is what some of those researchers report:

South American shaman Alberto Villoldo suggests,<sup>9</sup> "Start by assuming that *oral traditions are talking truth,* not myth." What those traditions say has seemed strange and foreign viewed from inside conventional physics. But from physics of a conscious universe, faster-than-light realms, and qi energy, and from accessible personal experiencing, they not only make sense but are amazingly consistent from culture to culture.



Norman Friedman has compared common elements in the work of physicist David Bohm, Aldous Huxley's Perennial Philosophy, and Seth, the discarnate entity channeled by Jane Roberts.<sup>10</sup> He quotes Seth talking about "units of consciousness" that are the building blocks from which matter develops:

"These elements move faster than light and slow down to the speed of light to form matter. Before matter appears, there is a "disturbance" in the spot of space-time where the materialization is to take place. The slowing down of prior faster-thanlight activity helps "freeze" the activity into a form."

"There are coordinate points," he says, "accumulations of pure energy, which act as channels through which energy flows, and as warps or invisible paths from one reality to another. They also act as transformers, and provide much of the generating energy that makes creation continuous in your terms . . . "

These points are activated by our thoughts and emotions, and the energy of the original thought is reciprocally enhanced by the coordinate point. The points make possible the projection of the thought into physical matter, activated when any emotional feeling or thought of sufficient intensity comes into contact.

MAYAN, a South Indian sacred scientist from thousands of years ago, states that:<sup>11</sup>

"There exists an order in the Universe - subtle universe, and material universe. This power is attributed to the consciousness of the cosmic space as well as of the inner space of the animate beings. This consciousness, by its personal effort to express its own inner feelings, causes a kind of vibration or pulsation in the inner space, resulting in energy-grids. The vibration or pulsation, being the causal element of all these events, is called KAALA. This is actually the force of energy aroused by the inner consciousness, causing waves and contributing to the growth of living forms. This KAALA resides in all living beings. So, space is the offshoot of the vibration of the primordial energy. This is how the space was born. All forms of nature are manifest forms of subtle energy. For all to get manifested, the force is KAALAM. This wave-form frequency realm is the creative element of the universe."

Jesus, as channeled by Glenda Green, in *Love Without End...Jesus Speaks* 

says:12

"Science is on the threshold of moving into a new era based on principles of primal magnetism. Magnetism may be viewed as either derivative or primary, depending on one's level of understanding. In its primary condition there are no polarities and no scarcities.

*"There is another function of magnetism which supersedes those polarized arrangements, and is pure energy. In the larger spectrum, magnetism is activated by alignments of infinity.* 

"The components of the universe are basically three. The first is love, the second is spirit, and the third is a substance which is finer than anything that has yet been isolated by science! It is finer than the atom or any of its component parts. As the ultimate simple particle, it is the irreducible building block of the universe.

"These "adamantine particles" are the matrix of all energy mass. They are utterly generic in nature, and are the basic, irreducible components of physical existence." Adamantine particles are the fundamental building blocks of physical existence. Apparently they **create** mass, whereas other particles are the **result** of mass. They are particularized energy potentials which activate, unify, and give form to infinity. These particles cohere **magnetically** to form the basis of all complex patterns of matter and form.

"The shift of paradigm from electrical to magnetic performance will be necessary to finally define and understand the adamantine particles. It is magnetic potential which accounts for the unified field, and actually it is magnetic cohesion which unifies physical infinity. When you have made the change in thinking from electrics to magnetics, every aspect of your technology will change as well."

### Hank Wesselman reports journeying into the realms of spirit:<sup>13</sup>

"Immediately I was lifted off into the air and flew up at great speed, rising along a luminous fiber through a long series of nested curves or arcs of light that converged toward a brilliant body of enormous size at the zenith of the sky. All around me were other fibers or lines of light, whizzing by. I was traveling through the grid, along the aka web. It was a little like flying over a major city at night, but the lines of light, instead of being flat, extended outward in all directions, forever. Far above me and slightly to one side, I perceived a shape that was roughly circular. Perhaps it was a doorway of some sort.

"When impact seemed inevitable, I seemed to squeeze through it. I seemed to have emerged at the edge of what appeared to be a wide luminous plain. The brightness of the light suggested that I was in the shamanic Upper Worlds.



"The bright, misty region seemed to resolve itself into uncountable numbers of lights, looking somewhat like tiny, glowing bubbles or globes. Closer, each took on the appearance of an elliptical milky orb within which a brilliant "X" or cross formed a denser, central core. The plain appeared like a great matrix composed of endless numbers of these luminous bubbles, each enclosing a neon cross, all fitted together into a definite, composite whole, like an endless cluster of tiny grapes.

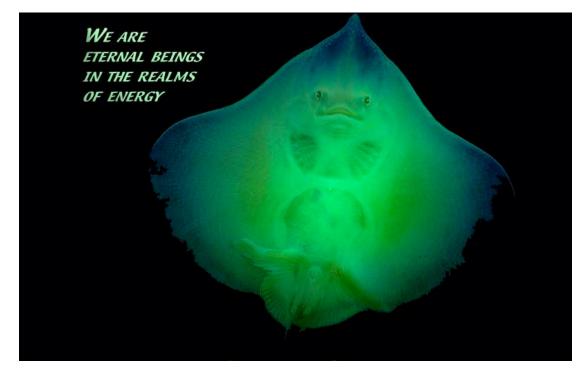


"I knew that this cloud, as I was coming to think of it, was and is the collective spiritual essence of all humankind, a composite field of which each of us is a holon, an expressed microcosm containing within it the totality of the macrocosm. I, too, had assumed a luminous orb-like appearance – a shimmering flowing, oblong form in which my denser interior resolved itself into a moving, vertical bar of light. Curved streamers of energy seemed to be flowing into the top of the orb and out the bottom, creating a shimmering, swirling field somewhat like an elongated, luminous doughnut or torus.

"Our vertical fibers are the connections between our personal past and our potential future. Our horizontal strands are the events we experience as our life proceeds from the time of our birth to the moment of our death . . . We weave the fabric of our life, which changes constantly as we live it, revealing that nothing can be truly set in stone. Considered at the level of the Universe, we are only one among the uncountable creators of the great fabric of the aka field. Everything, everywhere, is in relationship. It is in this way that the great pattern changes and grows as it proceeds towards the future. The great pattern both is determined by consciousness and is the source of all consciousness.

"This vast, transparent crystalline matrix stretched into the luminous distance. There seemed to be discreet units or structures of some sort. As he looked around slowly, understanding came. This matrix was a library, a huge informational center – the Akashic Library. And it contains the accumulated wisdom of the entire human species. Everything that happened in the past, to the unlimited potential of what will come into being is stored in the vast, informational matrix of the pattern. This 'human spirit' is alive, constantly shifting in response to what is occurring in our world." This "human spirit" energy matrix is an element in the far greater energy matrix of all existence."

Explorers into these energy realms say we are eternal beings of energy, or have an eternal energy "oversoul", which extends a portion of its being into material and other realms "from time to time". As their realms are timeless, those "lives" are in essence concurrent. We can link, energetically, our consciousness in and out of all these realms.





Bushman doctors, speaking in Brad Keeney's ROPES TO GOD, say:<sup>14</sup>

"Furthermore, every person and every living creature has a line coming out of their belly buttons that is connected to the bellies of other people. These are the lines that we send messages on. We can talk to another person over these lines by sending our thoughts into them. It is similar to what you people call a telephone. This, in our spiritual universe, is a very natural thing to accomplish.

"Of all the strings of light, the most important ones go to the sky.....These ropes arise from the power of your ancestors. It can take you to your ancestors. It is our link with them. They tell us what to do. ...You go up and communicate with them and then you dance with them....When they accompany us in a dance, they help us do healing work on the people who are sick in the community."

Hank Wesselman talks about the process of working into, through, and back to the material world from the energy realms to manifest new things:

"When we use our creative imagination to make a thought form of something we strongly desire to have to experience, it is the first step to manifesting this idea or need into our everyday reality. This is true making of magic.

"When you pay close attention to something, energy flows in that direction. As we do this day after day, a strong energy field forms within and around the image – a field that has the power to attract or assemble the nearest available equivalent experience in the everyday world. It is in this way that true magic works, and the more qi one has, the more one can accomplish using this method."

"When two people meet, an aka fiber comes into existence between them. As they come to know each other well, the fiber thickens into a cord through which thoughts can be shared and feelings perceived. The closer the relationship, the thicker the cord, revealing aka to be the matrix through which all psychic phenomena operate.



"Most of us cannot see these connections or the personal aka body using our ordinary vision. Those with psychic awareness describe the aka body as a luminous field that surrounds and flows through our physical bodies. They can see it in this way because the aka carries our energy as mauli, as lifeforce. This in turn reveals that the second level of reality is also the level of energy. The kahuna mystics say that everything everywhere is connected to everything else through a great aka field that exists in the second level.

"The spirit worlds are primarily a level of information, and through quantum nonlocality, this level of information is thus awareness, and thus consciousness."

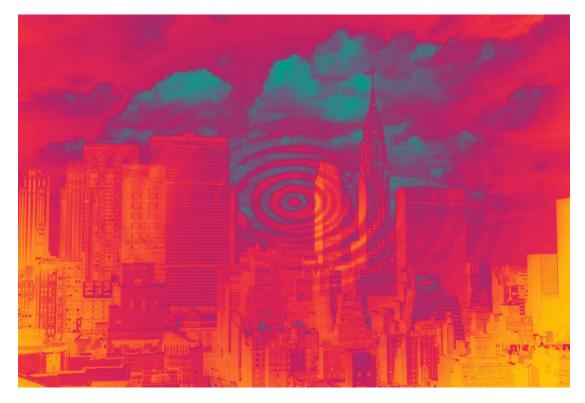
## LIVING WITH QI

Stepping into the world of qi is truly a step into another realm. From outside, it seems a bit scary. Scary, like when we're talking to a psychic . . . wondering what they are seeing inside our "secrets". Fears that others can see our erotic dreams. Fears that others can tell when we're not telling the truth. Fears that others may be prying into our minds.

But once inside, the world of qi is actually a joy. It is a profound relief to have no reason *not* to be truthful. We know when others **are** speaking truth, and all those layers of confusion are gone! It is incredibly freeing to begin living without our masks. We discover we *can* shut off that erotic dream from others, or . . . that we

can *share* one! We find intimacy and vulnerability bring a closeness with others, a sureness that others are there to help us, a deep knowing of others that leads to caring and compassion, and that all the things we worry about in ourselves are really OK!

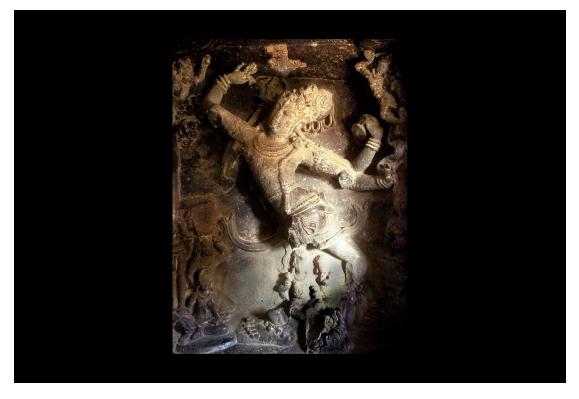
We find ourselves energized, more able to materialize intentions, and find ourselves coming into closer harmony with others. Our health, and that of our community, improves. We become sure of what is truly important in our lives. Open minds lead to open hearts. Our "Joy Quotient" soars. The increased depth with which we comprehend our world becomes staggering. We are showered with multidimensional richness of experience intermingled with, within, and throughout our conventional sensational world.



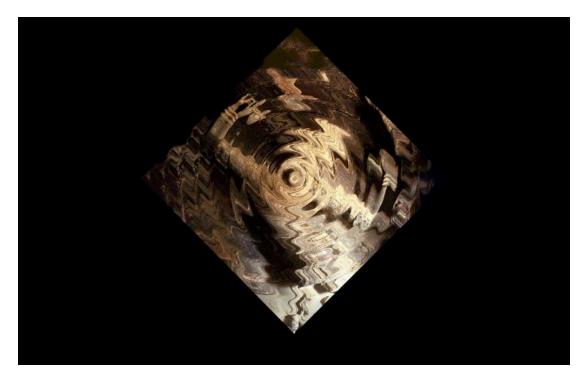
Once we have experiences outside of the physical realm, we can see how we construct that world with intention. When we see how we make the material world dominant through our 3-D computer-peripheral senses, we understand the symbolic nature of that physical reality. We discover our material world *is* actually dreamed into existence by our thoughts, emotions, and intentions. While it has *appeared* immutable, its primary role is as a realm of concrete symbolism which we literally invent.

Within those environments, we can experience their inner nature and implications, and be empowered by them in ways not possible otherwise. We invent our surroundings to explore the ramifications of the inner realities that the symbols represent.

Being embedded in such worlds makes it very difficult to see or conceive of others. But we formed those dreams and belief systems, and we can change them. Understanding this frees us for more multidimensional existence, for seeing the true inner actuality represented by the symbols, and using the material/symbolic world more effectively to evolve that actuality.



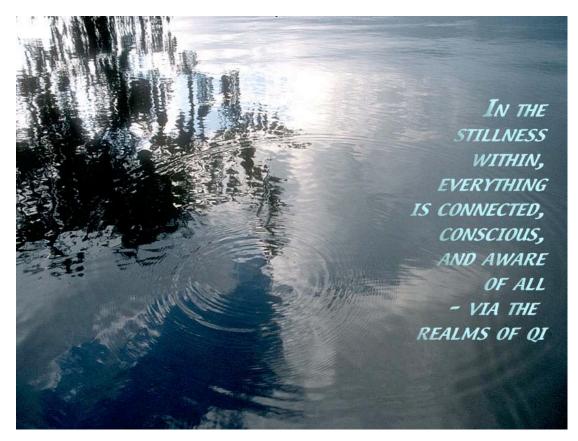
What is it like living connected to realms outside of space-time, beyond death, and as eternal energy beings? "Seth Speaks" gives a good introduction to what we can comprehend of those realms without experiencing them.<sup>15</sup> Malidoma Somé<sup>16</sup> and Hank Wesselman give a good sense of what life can be like in a culture that lives in both worlds.



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In sum:

- We are finding our entire material world to be mirrored and underlain by a faster-than-light realm of magnetic *life-force energy*.
- We are seeing that *everything* in our universe is *alive*, is *self-aware*, and has *consciousness* commensurate with its scale and complexity.
- The universe we are coming to see is thus a *three-legged* one with interactive and interpenetrating realms of conventional matter and energies, life-force (*qi*) energy and consciousness.
- We, and all else in our physical world, are eternal "energetic" beings, unterminated by physical death.
- We are finding ourselves, in conjunction with the self-awareness of all else in our universe, to be what brings all Creation into material existence.
- Our role and destiny in this unexpected universe is far more amazing that what we assumed in the world we once believed to exist. The world we've know is only a tiny fragment of reality. We can change ourselves and our world, and be part of vast and awesome new universes. With this new perspective, the goals, values, and contexts within which we live our everyday lives become transformed in wonderful ways.



# $\diamond \diamond \diamond$

Qi energy exists. It is widely experienced and used. It has a physics. The research available now indicates that it is a faster-than-light standing-diffractionwave energy that we experience congruent with objects in our space-time universe.

Qi confirms the existence of faster-than-light realms, the interactive relationship of consciousness and matter, and the weakness of our grasp of physical elements such as gravity, magnetism, and dark energy.

Most importantly, it is a key to unlocking ourselves from entrapment in belief in a solely material world. Acknowledging qi, we connect and work with other realms, know our simultaneous existence in multiple dimensions, and why we have manifested into this particular time and space.

This is the last and most exciting answer to the physics of qi. It frees us from the duplicity of lives lived in disregard of the truth of our universe. Our culture's narrow beliefs of how our universe is constituted has permitted – and indeed may have been chosen precisely to permit – unwarranted exploitation of other people and other life. It has let us believe we could shield ourselves from the pain we've inflicted on others. It has given us the conceit that our culture was "superior" to other rich, deep, and wise cultures with which we've come into contact.

Acknowledging the physics of qi frees us to live "in true" — in harmony, and in joyful connectedness with all Creation. It allows us to revel in the abundance and fullness we feel when we are in communion with the natural, in communion with the source.

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<sup>2</sup> Targ, Russell and Puthoff, Harold - MIND-REACH: SCIENTISTS LOOK AT PSYCHIC ABILITIES, Hampton Roads Pub. Co, 1977, 2005.

<sup>3</sup> Radin, Dean - THE CONSCIOUS UNIVERSE, HarperSF, 1997.

<sup>4</sup> The classical physics formula for gravity merely states that gravity is associated with what we experience as mass of objects, and its effects are experienced in a geometric realm - nothing more. 5 Lilly, John Cunningham - The Mind of the Dolphin: A Nonhuman Intelligence, Doubleday, 1967. 6 Hummel, Christan - Do-It-Yourself Space Clearing Kit: Working with Nature to Enhance the Energies of Your Home, One Source, 2004.

<sup>7</sup> Roberts, Jane and Butts, Robert - Seth Speaks: The Eternal Validity of the Soul, Amber-Allen, reprint 1994.

<sup>8</sup> Tiller, William A. - SCIENCE AND HUMAN TRANSFORMATION, Pavoir, 1997. Tiller, William A.; Dibble, Walter E. Jr.; Kohane, Michael J. - CONSCIOUS ACTS OF CREATION, Pavoir, 2001.

<sup>9</sup> Villoldo, Alberto - DANCE OF THE FOUR WINDS, Destiny, 1994. 10 Friedman, Norman - BRIDGING SCIENCE AND SPIRIT, Living Lake Books, 1990

<sup>11</sup> Sabharaathnam, Dr. S.P. - MAYAN'S AINTIRAM, Vaastu Vedic Research Foundation, 1997.

<sup>13</sup> Wesselman, Hank - SPIRITWALKER, Bantam, 1995; MEDICINEMAKER, Bantam, 1998; VISIONSEEKER, Hay House, 2001.

<sup>14</sup> Keeney, Brad - ROPES TO GOD, Ringing Rocks Press, 2003. See also his BUSHMAN SHAMAN, Destiny Books, 2005.

<sup>15</sup> SETH SPEAKS, above. See also the OVERSOUL 7 TRILOGY, THE SETH MATERIAL, and NATURE OF PERSONAL REALITY.

<sup>16</sup> Somé, Malidoma - OF WATER AND SPIRIT, Tarcher, 1994.